



A world without
violence, abuse,
and bullying
starts with me...

...and you.





Preparing children for success

The most important job we have as adults is to give children the education and skills they need to succeed in school and life. Young children can be taught to resolve conflicts peacefully, get along with others, and deal with potentially dangerous situations. With a foundation of empathy, children can learn how to solve problems and manage their emotions. And there has never been a more important time to provide children with these essential skills.

Preventing violence, bullying, and child sexual abuse

Children need safe places to make friends and expand their minds and imaginations. Working together, we can prevent the devastating violence, bullying, and abuse that erode children's self-esteem and academic success. Our social and emotional learning programs can help educators preserve precious time for teaching and learning, which is often diminished by classroom disruptions, behavior problems, and student absences.

*"I have been bullied all of my life.
I just want someone to help because
I don't know what to do."*

Anonymous student
Bullying.org





A dedicated nonprofit with a big vision

For 30 years, Committee for Children's educators, researchers, and staff have believed passionately that the work we do today can create a safer, more peaceful world for children tomorrow. We are one of the few nonprofit creators and publishers of social and emotional learning programs—and we are driven by what we learn from children and educators around the globe.

Using our research-based programs, educators help children from preschool to middle school learn healthy ways to handle their emotions, solve problems, make friends, and address bullying and abuse. While strengthening communication and assertiveness skills, children learn to respect people with diverse perspectives, backgrounds, and ethnicities. Since family education is an important part of our programs, we include information and resources that help families reinforce social and emotional skill development at home. Our programs provide children with the tools they need to build healthy relationships, resist violence, and realize their full potential.

“I believe that my role is to be a gardener. As an educator, my goal is to grow good humans. To grow moral people, honest people, people who respond to injustice...who won't stand idly by.”

Jesse Miller, Teacher
Taos Charter School, New Mexico





Our award-winning programs

Second Step: A Violence Prevention Curriculum

(Pre/K–Middle School)

Teaches children social and emotional skills to help them succeed in school and in life.

Steps to Respect: A Bullying Prevention Program

(Elementary School)

Guides staff, teachers, families, and students in reducing bullying and creating a safe and respectful environment.

Talking About Touching: A Personal Safety Curriculum

(Pre/K–Grade 3)

Shows children, families, schools, and agencies how to promote safety and prevent dangerous situations and child sexual abuse.

Woven Word: Early Literacy for Life

(Preschool and Kindergarten)

Combines interactive reading with social and emotional learning to promote academic success.

“Don’t hurt someone’s feelings, don’t lie, be kind, don’t let someone be left out. If you are mad, count to three and hold your breath. That’s what ‘Second Step’ means to me. The end!”

Elementary school student, New Hanover County Schools
Wilmington, North Carolina





Social and emotional skills boost academic achievement

Academic success and social and emotional learning are interconnected. According to a recent study, social and emotional skills training has been linked to fewer classroom disruptions, decreased absences, and higher grades among children (Shriver and Weissberg, 2005). Psychologist Daniel Goleman (1995) has reported that children who are taught to manage their emotions have longer attention spans and absorb and remember information better. Children around the world will benefit from social and emotional skills in school, at home, and later in their professional lives.

Teacher-friendly programs and lifelong support

Educators have multiple demands on their classroom time. Committee for Children programs are designed to minimize prep time and maximize learning with scripted lessons, skill practice, and extension activities that enhance academic subjects without taking time away from them. Our award-winning programs align with national, state, and district education standards. The flexible lessons and activities can be tailored to class needs and student interests. And we provide assistance every step of the way with free, lifelong program support and resources.

Sources:

Shriver, T. P. and Weissberg, R. P. (2005, August 16). "No Emotion Left Behind" [Op Ed article]. *The New York Times*.

Goleman, D. (1995). *Emotional Intelligence*. New York: Bantam.

"The Second Step program has helped teachers focus more on academics in the classroom, because they don't have to deal with the daily problems that used to take up so much instruction time."

Randy Swann, School Psychologist
Marysville, California Joint Unified Schools





Join us in achieving our vision

We believe that all children deserve the chance to reach their full potential, live without violence, and thrive in a peaceful world. We believe our research-based programs can transform individuals, classrooms, schools, and communities. Together, we can realize this vision.

Call us at **800-634-4449** or visit **www.cfchildren.org** to:

- Learn more about Committee for Children programs.
- Read about the issues and how to get involved.
- Get resources to support program implementation.
- Sponsor a program at your child's school.
- Be inspired by success stories of communities using our programs.

Our vision of a world without violence, bullying, and abuse is possible. And you are a part of it.

*"These are all our children. We will all profit by,
or pay for, whatever they become."*

James Baldwin



