Second Step® A Violence Prevention Curriculum — Alignment with Academic Content Standards

Grades 1–5

Educators using the *Second Step* program often ask how the curriculum supports their state's academic learning standards. These alignment charts illustrate the connections between the *Second Step* program and student academic learning standards from kindergarten through grade 5. The charts align the *Second Step* curriculum with standards from *Content Knowledge: A Compendium of Standards and Benchmarks for K–12 Education* by John S. Kendall and Robert J. Marzano, fourth edition (2004).

Subject	Academic Content Standard	Empathy-Training Unit: Speaking and Listening	Empathy-Training Unit: Identifying Feelings in Self and Others	Empathy-Training Unit: Empathic Behaviors	Empathy-Training Unit: Taking Others' Perspectives	Empathy-Training Unit: Language Concepts	Impulse Control and Problem-Solving Unit: Recognizing Physical Sensations of Strong Feelings and Impulsivity	Impulse Control and Problem-Solving Unit: Calming-Down Strategies	Impulse Control and Problem-Solving Unit: Identifying the Problem	Impulse Control and Problem-Solving Unit: Generating Solutions	Impulse Control and Problem-Solving Unit: Evaluating Solutions	Impulse Control and Problem-Solving Unit: Choosing and Using a Solution	Impulse Control and Problem-Solving Unit: Evaluating the Solution's Effectiveness	Impulse Control and Problem-Solving Unit: Prosocial Behaviors	Impulse Control and Problem-Solving Unit: Friendship Skills	Impulse Control and Problem-Solving Unit: Language Concepts	Anger-Management Unit: Identifying Angry Feelings	Anger-Management Unit: Calming-Down Strategies	Anger-Management Unit: Problem Solving	Anger-Management Unit: Reflection	Anger-Management Unit: Language Concepts	Anger-Management Unit: Prosocial Behaviors	Anger-Management Unit: Friendship Skills	Story and Discussion: Interpreting Stories	Story and Discussion: Interpreting Photos and Video Vignettes	Story and Discussion: Responding to Questions	Story and Discussion: Group Discussion	Story and Discussion: Rules of Conversation	Role-Play, Skill Practice, or Behavior Rehearsal: Creating Improvisations	Role-Play, Skill Practice, or Behavior Rehearsal: Taking Roles	Role-Play, Skill Practice, or Behavior Rehearsal: Working with Others	Role-Play, Skill Practice, or Behavior Rehearsal: Taking Others' Perspectives	Role-Play, Skill Practice, or Behavior Rehearsal: Developing Behavioral Skill Steps	Role-Play, Skill Practice, or Behavior Rehearsal: Practicing Skills/ Behaviors	Support Skills and Behaviors (modeling, coaching, cueing, reinforcing, transfer of learning): Calming Down/ Managing Anger	Support Skills and Behaviors: Prosocial Behaviors	Support Skills and Behaviors: Friendship Skills	Support Skills and Behaviors: Problem Solving
Language Arts	5. Uses the general skills and strategies of the reading process		✓				✓										✓								✓														
	8. Uses listening and speaking strategies for different purposes	✓		✓										✓	✓						✓	✓		✓	✓	✓	✓		✓			✓	✓			✓	✓
	9. Uses viewing skills and strategies to understand and interpret visual media		✓								✓		✓				✓						✓	✓													
Health	4. Knows how to maintain mental and emotional health	✓	✓	✓	✓		✓	✓	✓					✓	✓		✓	✓	✓	✓	✓	✓	✓				✓			✓	✓	✓	✓	✓	✓	✓	✓	✓
	5. Knows essential concepts and practices concerning injury prevention and safety						✓	✓	✓	✓	✓							✓	✓													✓	✓				✓
Science	12. Understands the nature of scientific inquiry		✓		✓	✓			✓	✓	✓	✓	✓			✓				✓	✓			✓	✓	✓						✓	✓	✓			✓
Math	1. Uses a variety of strategies in the problem-solving process					✓			✓	✓	✓	✓	✓			✓				✓		✓											✓				✓
Civics	1. Understands ideas about civic life, politics, and government														✓								✓									✓	✓		✓	✓
	3. Understands the sources, purposes, and functions of law, and the importance of the law for the protection of individual rights and the common good			✓	✓						✓				✓					✓			✓								✓	✓		✓	✓
	11. Understands the role of diversity in American life and the importance of shared values, political beliefs, and civic beliefs in an increasingly diverse American society				✓						✓				✓								✓						✓	✓	✓	✓			✓	✓
	27. Understands how certain character traits enhance citizens' ability to fulfill personal and civic responsibilities			✓				✓			✓			✓	✓			✓	✓		✓				✓					✓	✓		✓	✓	✓	✓
Physical Ed.	5. Understands the social and personal responsibility associated with participation in physical activity														✓								✓						✓	✓				✓	✓
Arts–Theater	2. Uses acting skills																											✓	✓							
	5. Understands how informal and formal theater, film, television, and electronic media productions create and communicate meaning																												✓	✓	✓					
Life Skills–Self-Regulation	1. Sets and manages goals								✓	✓	✓	✓	✓						✓	✓												✓	✓			✓
	2. Performs self-appraisal							✓				✓	✓					✓	✓	✓																
	3. Considers risks						✓	✓			✓	✓	✓				✓	✓		✓													✓	✓	✓		✓
	4. Demonstrates perseverance							✓	✓	✓	✓	✓	✓					✓	✓												✓			✓		✓
	5. Maintains a healthy self-concept			✓	✓			✓	✓	✓	✓	✓	✓	✓	✓			✓	✓	✓		✓	✓								✓			✓	✓	✓	✓
	6. Restrains impulsivity		✓	✓	✓		✓	✓						✓	✓		✓	✓	✓			✓	✓									✓	✓	✓	✓		✓	✓
Life Skills–Thinking and Reasoning (underlies all academic subjects)	2. Understands and applies basic principles of logic and reasoning					✓										✓					✓												✓	✓			✓
	3. Effectively uses mental processes that are based on identifying similarities and differences			✓		✓								✓		✓					✓	✓											✓	✓	✓			✓
	4. Understands and applies basic principles of hypothesis testing and scientific inquiry		✓				✓						✓				✓			✓														✓			✓
	5. Applies basic troubleshooting and problem-solving techniques							✓	✓	✓	✓	✓	✓		✓	✓		✓	✓	✓												✓		✓	✓			✓	✓
	6. Applies decision-making techniques								✓	✓	✓	✓	✓	✓					✓	✓		✓												✓	✓			✓
Life Skills–Working with Others	1. Contributes to overall effort of group	✓	✓	✓					✓	✓	✓	✓	✓	✓	✓				✓			✓	✓			✓	✓	✓		✓	✓			✓	✓	✓	✓	✓
	2. Uses conflict-resolution techniques			✓	✓		✓		✓	✓	✓	✓	✓		✓				✓	✓			✓							✓	✓		✓			✓	✓
	3. Works well with diverse individuals in diverse situations			✓	✓									✓	✓				✓			✓	✓					✓		✓	✓		✓			✓	✓
	4. Displays effective interpersonal communication skills	✓	✓	✓	✓		✓	✓						✓	✓		✓	✓	✓			✓	✓			✓	✓	✓		✓	✓			✓	✓	✓	✓	✓
	5. Demonstrates leadership skills																													✓						✓
Behavioral Studies	1. Understands that group and cultural influences contribute to human development, identity, and behavior	✓		✓	✓	✓		✓						✓	✓	✓	✓	✓	✓	✓	✓	✓	✓											✓		✓	
	3. Understands that interactions among learning, inheritance, and physical development affect human behavior		✓		✓		✓	✓	✓	✓	✓	✓	✓	✓			✓	✓	✓	✓		✓			✓			✓		✓	✓		✓	✓	✓		✓
	4. Understands conflict, cooperation, and interdependence among individuals, groups, and institutions				✓				✓	✓	✓	✓	✓	✓	✓				✓			✓	✓				✓			✓	✓				✓		✓

The fourth edition of *Content Knowledge: A Compendium of Standards and Benchmarks for K–12 Education* can be found online at **www.mcrel.org/standards-benchmarks/.** Individual state standards may be found online at **http://edStandards.org/Standards.html.**

The *Second Step* program is top-rated by:

- U.S. Department of Education, Safe and Drug-Free Schools
- U.S. Department of Health and Human Services
- Office of Juvenile Justice and Delinquency Prevention
- Helping America's Youth
- SAMHSA/CSAP
- CASEL, and more

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