

Pre/K

Educators using the *Second Step* program often ask how the curriculum supports their state's academic learning standards. These alignment charts illustrate the connections between the *Second Step* program and student academic learning standards from kindergarten through grade 5. The charts align the *Second Step* curriculum with standards from *Content Knowledge: A Compendium of Standards and Benchmarks for K-12 Education* by John S. Kendall and Robert J. Marzano, fourth edition (2004).

Subject   Academic Content Standard		Key Content Elements/Concepts														Core Learning Strategies																					
		Empathy-Training Unit					Emotion-Management Unit				Problem-Solving Unit					Story and Discussion				Role-Play or Behavior Rehearsal			Songs			Support Skills and Behaviors <small>(modeling, coaching, cueing, reinforcing, transfer of learning)</small>			Enrichment								
		Speaking and Listening	Identifying Feelings	Empathic Behaviors	Taking Others' Perspectives	Language Concepts	Identifying Strong Feelings	Calming-Down Strategies	Managing Anger	Language Concepts	Identifying Own Feelings	Identifying the Problem	Generating Solutions	Predicting Consequences	Choosing a Solution	Prosocial Behaviors	Friendship Skills	Fairness Language Concepts	Interpreting Stories	Interpreting Photos	Responding to Questions	Group Discussion	Rules of Conversation	Creating Improvisations	Taking Roles	Taking Others' Perspectives	Practicing Skills/Behaviors	Different Musical Styles	Memorizing Words/Tunes	Supporting Social/Emotional Skills	Calming Down/Managing Anger	Prosocial Behaviors	Friendship Skills	Problem Solving	Additional Activities		
Language Arts	1. Uses the general skills and strategies of the writing process																																		✓		
	5. Uses the general skills and strategies of the reading process		✓															✓	✓																	✓	
	6. Uses reading skills and strategies to understand and interpret a variety of literary texts																	✓	✓																		
	8. Uses listening and speaking strategies for different purposes	✓																✓	✓	✓	✓	✓															
	9. Uses viewing skills and strategies to understand and interpret visual media		✓										✓						✓																		
Health	4. Knows how to maintain mental and emotional health		✓	✓	✓				✓			✓				✓									✓				✓	✓	✓	✓	✓				
	5. Knows essential concepts and practices concerning injury prevention and safety							✓	✓		✓	✓	✓																✓								
Science	12. Understands the nature of scientific inquiry		✓		✓	✓			✓								✓	✓	✓	✓					✓										✓		
Math	1. Uses a variety of strategies in the problem-solving process					✓			✓		✓	✓	✓	✓			✓				✓					✓			✓						✓		
Civics	1. Understands ideas about civic life, politics, and government																✓								✓	✓								✓			
	3. Understands the sources, purposes, and functions of law, and the importance of the law for the protection of individual rights and the common good																✓								✓	✓								✓			
	27. Understands how certain character traits enhance citizens' ability to fulfill personal and civic responsibilities							✓	✓								✓									✓				✓					✓		
Physical Ed.	5. Understands the social and personal responsibility associated with participation in physical activity	✓			✓											✓									✓			✓							✓		
Arts—Music	1. Sings, alone or with others, a varied repertoire of music																											✓	✓								
Arts—Theater	2. Uses acting skills																						✓	✓													
Life Skills—Self-Regulation	3. Considers risks						✓	✓					✓	✓												✓				✓					✓		
	4. Demonstrates perseverance						✓	✓		✓	✓	✓	✓	✓												✓	✓			✓	✓					✓	
	6. Restrains impulsivity		✓		✓		✓	✓	✓		✓															✓	✓			✓	✓					✓	
Life Skills—Thinking and Reasoning (underlies all academic subjects)	1. Understands and applies basic principles of presenting an argument					✓												✓	✓	✓	✓							✓								✓	
	2. Understands and applies basic principles of logic and reasoning					✓			✓								✓									✓										✓	
	3. Effectively uses mental processes that are based on identifying similarities and differences		✓		✓	✓			✓								✓									✓	✓									✓	
	4. Understands and applies basic principles of hypothesis testing and scientific inquiry		✓								✓		✓					✓	✓	✓							✓	✓								✓	
	5. Applies basic troubleshooting and problem-solving techniques					✓			✓		✓	✓	✓	✓			✓	✓									✓			✓						✓	
Life Skills—Working with Others	1. Contributes to overall effort of group	✓		✓																✓	✓	✓		✓				✓	✓	✓	✓	✓					
	2. Uses conflict-resolution techniques				✓		✓			✓	✓	✓	✓			✓									✓	✓			✓	✓						✓	
	3. Works well with diverse individuals in diverse situations			✓	✓												✓				✓				✓										✓		
	4. Displays effective interpersonal communication skills	✓	✓	✓	✓		✓	✓	✓		✓			✓	✓	✓					✓	✓	✓		✓	✓			✓						✓		
Behavioral Studies	1. Understands that group and cultural influences contribute to human development, identity, and behavior	✓		✓	✓	✓		✓	✓							✓	✓																	✓		✓	
	3. Understands that interactions among learning, inheritance, and physical development affect human behavior		✓		✓		✓	✓	✓									✓	✓		✓			✓	✓	✓										✓	
	4. Understands conflict, cooperation, and interdependence among individuals, groups, and institutions										✓	✓	✓	✓	✓	✓										✓									✓	✓	✓

