Steps to Respect®
A Bullying Prevention Program

Alignment with Academic Content Standards

Elementary School

Educators using the *Steps to Respect* program often ask how the curriculum supports their state's academic learning standards. This alignment chart illustrates the connections between the *Steps to Respect* program and student academic learning standards from elementary schools. The chart aligns the *Steps to Respect* curriculum with standards from *Content Knowledge: A Compendium of Standards and Benchmarks for K–12 Education* by John S. Kendall and Robert J. Marzano, fourth edition (2004).

Subject	Academic Content Standard	Identifying feelings in self and others	Taking others' perspectives	Responding empathically	Understanding the meaning of *respect*	Identifying respectful behaviors	Using respectful behaviors	Identifying strong feelings and the need to get calm	Learning strategies for getting calm	Respect as the foundation of friendship	Joining-in skills	Making and keeping friends	Resolving conflict through problem-solving (Level 3)	Recognizing bullying	Assessing personal safety	Responding assertively to bullying	Reporting bullying	Understanding the role of the bystander	Bystander responsibility	Interpreting stories	Interpreting photos and video vignettes	Responding to questions	Personal reflection	Speaking and listening in group discussion	Working cooperatively in pairs and small groups	Writing in a variety of forms	Evaluating situations and response strategies	Practicing behavioral skills	Coaching a partner in skill practice	Evaluating skill use by self and others	Teacher support of skills through modeling, coaching, transfer of learning, and extension activities	Multicultural awareness	Pre-reading/prediction strategies	Listening comprehension skills	Reading comprehension skills	Interpreting and responding to novels in writing	Interpreting and responding to novels orally	Using critical-thinking skills and analyses
		Key Concepts and Skills																		**Teaching and Learning Strategies**												**Literature Units**						
		Foundations								**Friendship**				**Bullying Prevention**						**Core Strategies**								**Behavioral Skills**				**Concepts and Skills**						
Language Arts	1. Uses the general skills and strategies of the writing process	✓	✓																							✓											
	2. Uses the stylistic and rhetorical aspects of writing																									✓											
	3. Uses grammatical and mechanical conventions in written compositions																									✓											
	5. Uses the general skills and strategies of the reading process		✓																	✓	✓												✓		✓			✓
	6. Uses reading skills and strategies to understand and interpret a variety of literary texts																			✓	✓												✓		✓			✓
	8. Uses listening and speaking strategies for different purposes			✓	✓	✓	✓			✓		✓				✓						✓		✓	✓									✓			✓	
	9. Uses viewing skills and strategies to understand and interpret visual media	✓						✓													✓															✓		
Health	4. Knows how to maintain mental and emotional health	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓				✓				✓	✓	✓	✓	✓							
	5. Knows essential concepts and practices concerning injury prevention and safety							✓	✓				✓	✓	✓	✓	✓	✓	✓								✓	✓	✓	✓	✓							
Civics	1. Understands ideas about civic life, politics, and government													✓				✓	✓																		
	3. Understands the sources, purposes, and functions of law, for the protection of individual rights and the common good		✓		✓	✓	✓											✓	✓																		
	9. Understands the importance of Americans sharing and supporting certain values, beliefs, and principles of constitutional democracy		✓		✓	✓	✓												✓													✓					
	11. Understands the role of diversity in American life and the importance of shared values, political beliefs, and civic beliefs in an increasingly diverse American society	✓	✓	✓	✓	✓				✓		✓	✓	✓			✓	✓	✓													✓					
	27. Understands how certain character traits enhance citizens' ability to fulfill personal and civic responsibilities	✓	✓	✓	✓	✓	✓	✓	✓									✓	✓				✓				✓										
Physical Ed.	5. Understands the social and personal responsibility associated with participation in physical activity				✓	✓	✓				✓	✓	✓		✓										✓			✓	✓	✓	✓						
Life Skills—Self-Regulation	1. Sets and manages goals					✓	✓																														
	3. Considers risks							✓	✓					✓	✓												✓	✓	✓	✓	✓						
	4. Demonstrates perseverance							✓	✓																			✓									
	5. Maintains a healthy self-concept	✓	✓	✓				✓	✓			✓											✓					✓									
	6. Restrains impulsivity	✓	✓					✓	✓			✓																✓									
Life Skills—Thinking and Reasoning (underlies all academic subjects)	1. Understands and applies the basic principles of presenting an argument		✓					✓	✓											✓	✓	✓		✓											✓	✓	✓
	3. Effectively uses mental processes that are based on identifying similarities and differences																																				✓
	5. Applies basic troubleshooting and problem-solving techniques												✓	✓					✓					✓			✓	✓									
	6. Applies decision-making techniques													✓	✓									✓			✓	✓									
Life Skills—Working with Others	1. Contributes to the overall effort of a group	✓	✓	✓	✓	✓	✓			✓		✓	✓											✓	✓												
	2. Uses conflict-resolution techniques		✓	✓	✓	✓	✓	✓	✓	✓		✓	✓			✓												✓	✓	✓	✓	✓		✓			
	3. Works well with diverse individuals and in diverse situations		✓	✓	✓	✓	✓						✓									✓		✓	✓							✓					
	4. Displays effective interpersonal communication skills	✓	✓	✓	✓	✓	✓	✓	✓	✓		✓	✓			✓						✓			✓			✓	✓			✓		✓			
	5. Demonstrates leadership skills					✓												✓	✓						✓												
Behavioral Studies	1. Understands that group and cultural influences contribute to human development, identity, and behavior	✓	✓	✓	✓	✓	✓			✓				✓																		✓					
	2. Understands various meanings of a social group, general implications of group membership, and different ways that groups function		✓									✓		✓				✓														✓					
	3. Understands that interactions between learning, inheritance, and physical development affect human behavior	✓	✓											✓				✓	✓				✓				✓					✓					
	4. Understands conflict, cooperation, and interdependence among individuals, groups, and institutions												✓																								

The fourth edition of *Content Knowledge: A Compendium of Standards and Benchmarks for K–12 Education* can be found online at **www.mcrel.org/standards-benchmarks.** Individual state standards may be found online at **http://edStandards.org/Standards.html.**

The *Steps to Respect* program is top-rated by:

- **CASEL**
- **Office of Juvenile Justice and Delinquency Prevention**
- **Helping America's Youth**
- **U.S. Department of Health and Human Services**

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