Lesson 4
Homework: What Do You Hear?

Name: ________________________________

Have you ever watched a TV show where you’ve heard characters say some surprising things to each other? Why do they say such things? They may do it for higher ratings. But could it also be because they aren’t good at taking another person’s perspective?

Now you get to take a closer look (and listen). Watch a sitcom, cartoon, or dramatic TV show with an adult family member. Select two characters to focus on for 10 minutes. Listen carefully to the interactions between them. How well do they take the other person’s perspective? Fill in your observations below.

What I Observe

Name of Character 1: _______________ Name of Character 2: ____________________

How clearly do they explain their opinion?

Character 1: _____ great! ______ okay ______ not so good
Character 2: _____ great! ______ okay ______ not so good

Are they being nonjudgmental?

Character 1: _____ great! ______ okay ______ not so good
Character 2: _____ great! ______ okay ______ not so good

Are they respectful of the other person’s opinion?

Character 1: _____ great! ______ okay ______ not so good
Character 2: _____ great! ______ okay ______ not so good

The best way to describe the communication between these two characters is:

Character 1: _____ great! ______ okay ______ not so good
Character 2: _____ great! ______ okay ______ not so good

Being judgmental adds the following to the show (check all that apply):

______ humor ______ conflict ______ interest ______ nothing

If you were a part of this show, how would this style of communication make you feel (check all that apply)?

______ happy ______ angry ______ frustrated ______ respected ______ unsure

This homework assignment was completed on _________________. __________________________

(date) [adult] signature