

THE growkinder™ PODCAST

About the Podcast

Social-emotional skills, such as empathy, emotion management, and positive communication, are important inside and outside classroom walls. These skills consistently affect outcomes like college completion, job attainment, health, and civic engagement.* *Grow Kinder* is a first-of-its-kind podcast focused on broadening the conversation around social-emotional learning (SEL). Hosted by Mia Doces and Andrea Lovanhill, *Grow Kinder* features conversations with thought leaders in education, business, tech, and the arts who all have one thing in common: a dedication to growing kinder and helping others do the same.

LAUNCHED
2019

FREQUENCY
Monthly**

EPISODE #1
Introducing Grow Kinder

AVAILABLE PLATFORMS
SoundCloud iTunes Stitcher

Meet the Hosts



Andrea Lovanhill
*Vice President of Marketing
and Client Relations*
Committee for Children

Andrea oversees all aspects of client and product support and marketing of Committee for Children's programs. She's dedicated her career to working with nonprofit organizations and schools to build products and marketing campaigns designed to engage kids and families in conservation, SEL, bullying prevention, and child safety. Her focus at CFC revolves around using technology to improve our products and help schools boost social-emotional competencies.



Mia Doces
Vice President of Innovation
Committee for Children

Mia develops and implements innovative ways to raise more mindful and empathetic children through CFC's in-house innovation lab. She works extensively with CFC's research and development team on creating SEL and anti-bullying curricula and trainings. A former Seattle Public Schools teacher and school counselor, Mia works with national- and state-level youth initiatives, serves on the Washington State legislative bullying prevention work group, and advises organizations like Sesame Workshop and the Born This Way Foundation.

*Durlak, J. A., Weissberg, R. P., Dymnicki, A. B., Taylor, R. D., & Schellinger, K. B. (2011). The impact of enhancing students' social and emotional learning: A meta-analysis of school-based universal interventions. *Child Development*, 82(1), 405-432. <https://doi.org/10.1111/j.1467-8624.2010.01564.x>

**Committee for Children will commemorate its 40th anniversary by releasing 19 podcast episodes over the course of 2019.

Media Inquiries

Shauna McBride
smcbride@cfchildren.org
206-612-8718

Natalie Ceis
nceis@cfchildren.org
206-755-3761

