

Help Your Students Spread the Word that Bullying Is Not Okay

On Wednesday, October 25, schools across the country will be wearing orange and observing Unity Day. What is Unity Day? It's a day when students, teachers, and families can show they support bullying prevention in schools and in communities.

In this activity, students will help define what unity is, then they'll collaborate on creating posters that can be hung throughout the school to show that uniting and working together can help stop bullying.

Activity

Materials

Poster board or large paper (one sheet for each pair of students) markers, crayons, colored pencils, etc.

Instructions

1. Have students pair up (assign pairs if necessary).
2. Tell students: **October 25 is Unity Day. We're going to make posters to put up around school so everyone will know that Unity Day is coming.**
3. Ask: **What does the word "unity" mean?** Write students' ideas on the board. If necessary, prompt students with your own idea of what unity means.
4. Tell students: **Your Unity Day poster should have the following elements:**
 - **The color orange**
 - **The words "Unity Day is October 25"**
 - **A reminder to wear orange on Unity Day**
 - **A message about uniting against bullying**
5. Have students refer to the list on the board for words and phrases they can use in their posters. Have students draw pictures on the posters that depict unity and uniting against bullying.
6. Hang the posters throughout the school leading up to Unity Day.

For more information, activity ideas, and details about Unity Day, visit Pacer.org.

This activity is aligned with the Second Step Program and the Second Step Bullying Prevention Unit.