**Dear [Family Name],**

Throughout the month of April, to coincide with National Child Abuse Prevention Month, we will be talking with students about the importance of following basic personal safety rules. Rules like “No Secrets” or “Always Ask First” remind children to never keep secrets about touching and to always ask the parent or caregiver in charge before going anywhere with someone or accepting a gift from anyone. We’ll also be going through “what if” scenarios, such as: “What would you do if someone offered you a ride home?”

Research shows that talking with your child about how to stay safe from sexual abuse is a powerful way to prevent it, but we know it can be hard to know what to say. That’s why we’re sharing some free resources from Committee for Children’s [Hot Chocolate Talk](https://www.cfchildren.org/resources/child-abuse-prevention/) campaign. A “Hot Chocolate Talk” is a conversation between a parent (or caregiver) and a child about personal safety, approached in a warm, welcoming way to encourage open communication. Use these resources to learn the facts and start important safety conversations that can protect your child from sexual abuse.

If you have any concerns or questions, please let me know. Thank you for teaching your children important skills that can help keep them safe as they grow to independence.

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Sincerely,

[Your Name]