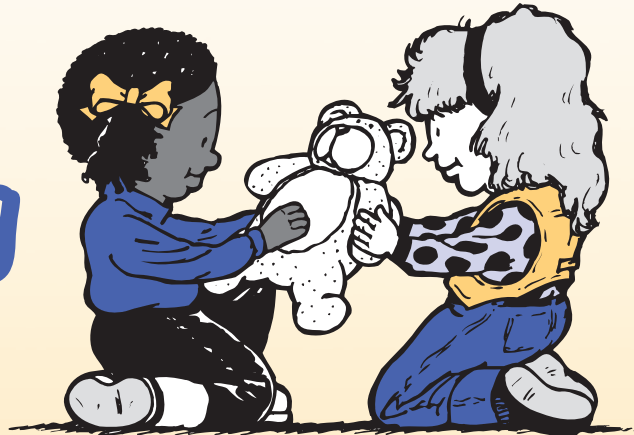
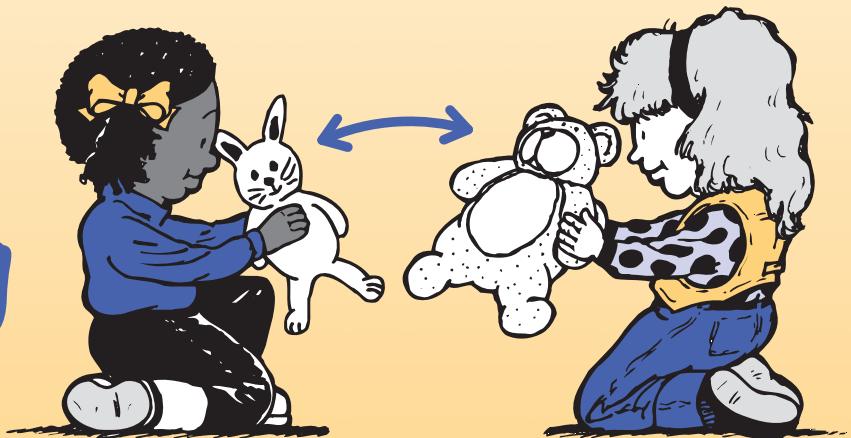


Fair Ways to Play

Sharing



Trading



Taking turns



Ways to Calm Down

Check in.



Hand on tummy.

Say
"Calm down."



Calm
down . . .

Take deep
breaths.



Count out loud.



1 . . . 2 . . .
3 . . . 4 . . .

Problem-Solving Steps

1. How do I feel?



2. What is the problem?



3. What can I do?

