

Music and lyrics by Lorraine Bayes

# The Caring Song

Lyrics

Oh who do you care about
Who cares for you?
Your family, your friends
Are you a good neighbor too?
And how do you show you care every day?
Helping each other out along the way

A grandpa, a sister
A little brother too
Putting food on the table
Cleaning up when you're through
A fresh, pretty flower can make
someone's day
Sharing the work and sharing the play

Oh who do you care about
Who cares for you?
Your teachers, your pet
When the kids play with you?
A big happy smile can show that you care
When people are sad, there's a kind
word to share

Caring, caring, it's like the sun
It sets our hearts aglow
Caring, caring, it's like the rain
It helps our friendships grow

So working and playing
At school or at home
Being with people
Or all on your own.
Listen and share and care from
your heart
Give every day a beautiful start

Listen and share and care from your heart
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Listen and share and care from your heart
Give every day a beautiful start

Sign language illustrated instructions on pages 2–4



## continued on page 3

# Verse 1



care

V shape both hands, palms facing, tips out. Strike index side of left V with little finger side of right V. Repeat.



friend

Hook right X over left X which is turned up, then reverse.



neighbor

Open B both hands, palms in. Place right open B on back of left, then arc up and out.



help

Place little finger side of left A, thumb up, in right palm. Raise right palm up.

# Verse 2



#### grandfather

Five shape both hands, left palm right, right palm left. Place right thumb on forehead and left thumb on edge of RH. Move out in two short jumps. (Sometimes make with RH only.)



#### food

Place tip of flat 0 on mouth.



#### clean

Open B both hands, left palm up, tips out, right palm down, tips left. Brush right palm across left as if wiping clean.



### flower

RH flat O. Place tips on right side of nose then arc to left side.



### play

Y shape both hands, palms in. Simultaneously twist back and forth.

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## continued on page 4

# Verse 3



care

V shape both hands, palms facing, tips out. Strike index side of left V with little finger side of right V. Repeat.



#### teach

Flat 0 shape both hands. Hold at temples and move out twice.



#### play

Y shape both hands, palms in. Simultaneously twist back and forth.



#### happy

RH open B palm in, tips left. Brush up chest twice with quick, short motion.



#### smile

L shape both hands. Place index fingers at sides of mouth and move up to cheeks.



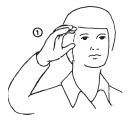
## sad

Five shape both hands, palms in, fingers slightly curved, LH a little below RH. Hold in front of face and drop slowly.



#### share

LH open B. Brush little finger side of right open B back and forth between left thumb and index finger.



## sun

Place right C at side of right eye. Change into flat O palm down. Then open into 5 shape palm down.



#### heart

Trace a "heart" on left upper chest with middle fingers.



#### rain

Claw shape both hands, palms down. Move down sharply two or three times.



# **Verse 3 continued**



friend

Hook right X over left X which is turned up, then reverse.

# Verse 4



#### play

Y shape both hands, palms in. Simultaneously twist back and forth.



#### home

Place tips of right flat 0 to edge of mouth and move to upper cheek. (Sometimes made with right flat 0 moving to open B on cheek.)



## people

P shape both hands, palms out. Move up and down alternately in circular motion.



#### listen

Cup hand over ear.



#### care

V shape both hands, palms facing, tips out. Strike index side of left V with little finger side of right V. Repeat.

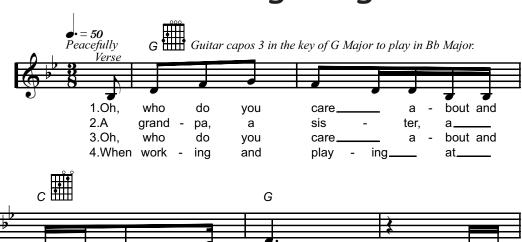


#### heart

Trace a "heart" on left upper chest with middle fingers.

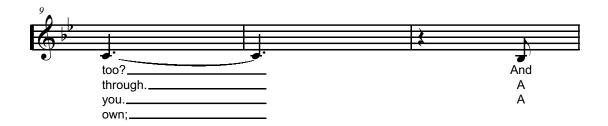


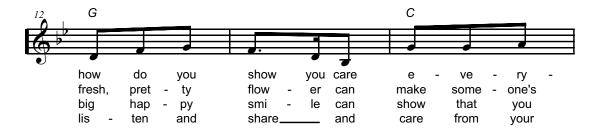
# The Caring Song













# The Caring Song (continued)



