

## ***Steps to Respect* Lesson-Tracking Charts**

(2001 edition)

These charts can be used for the following purposes:

- *Teachers* implementing the classroom lessons (Levels 1–3) can use the charts to track each lesson as they teach them. Space is provided on the charts to note which items were taught. There is also room to add comments such as how the lesson went, how engaged the students were, or whether lesson content should be reviewed at the beginning of the next teaching time.
- Building- or district-level *coordinators* or *administrators* can have teachers fill the charts out and return them. Coordinators can then compile the information provided to track completeness and sequencing of lesson implementation within and across levels.
- *Observers* can use these charts to track items taught by the teacher during the lesson in order to monitor or document lesson implementation.

In addition, the charts indicate where to divide lessons into three 15–20 minute segments if a shorter lesson format is needed. Each part may be taught on a separate day.



### ***Steps to Respect Level One Lesson-Tracking Chart*** (2001 edition)

This chart indicates where to divide the lessons into three 15–20 minute segments if a shorter lesson format is necessary (Parts I, II, and III). Each part may be taught on a separate day. Space is provided on the chart to note which items were taught. You may also wish to add comments such as how the lesson went, how engaged the students were, or whether lesson content should be reviewed at the beginning of the next teaching time.

School \_\_\_\_\_ Teacher \_\_\_\_\_ Grade Level \_\_\_\_\_

#### **Lesson 1: Friendship Begins with Respect**

<b>Section</b>	<b>Activity Title</b>	<b>Page #</b>	<b>Items</b>	<b>Notes (List completed items and add comments on lesson.)</b>	<b>Date</b>	<b>Part</b>
Getting Started		26	1-2			I
	Defining Respect	27	1-2			
Exploring and Discovering	Susan's First Bus Ride	27	1-2			II
	Susan's First Bus Ride	27-28	3-6			
Reflecting		28-29	1-3			
Booster Session	Practicing Respectful Behavior	29-30	1-7			III

#### **Lesson 2: Making Conversation and Finding Things in Common**

<b>Section</b>	<b>Activity Title</b>	<b>Page #</b>	<b>Items</b>	<b>Notes (List completed items and add comments on lesson.)</b>	<b>Date</b>	<b>Part</b>
Getting Started		34	1-4			I
	Listen and Learn Game	35-36	1-2			
Exploring and Discovering	Susan and Laura	36-37	1-5			II
	Conversation Steps	37-38	1-2			
	Making Conversation Role-Play	38-40	1-9			
Reflecting		40	1-2			
Booster Session		41	1-4			III

### Lesson 3: Joining In

Section	Activity Title	Page #	Items	Notes (List completed items and add comments on lesson.)	Date	Part
Getting Started		44	1-3			I
Exploring and Discovering	Video Time	45-47	1-9			
	Joining a Group Role-Play	47-49	1-8			II
Reflecting		49	1-2			
Booster Session		50-51	1-5			III

### Lesson 4: What Is Bullying?

Section	Activity Title	Page #	Items	Notes (List completed items and add comments on lesson.)	Date	Part
Getting Started		55	1-2			I
Exploring and Discovering	Bullying Detectives, Part 1	55-57	1-6			
	Video Time	59	1-4			II
Reflecting		59	1-2			III
Booster Session	Bullying Detectives, Part 2	61-62	1-7			

### Lesson 5: Standing Up for Yourself by Being Assertive

Section	Activity Title	Page #	Items	Notes (List completed items and add comments on lesson.)	Date	Part
Getting Started		64	1-2			I
Exploring and Discovering	Assertive or Aggressive?	65	1-4			
	Responding Assertively Role-Play	65-66 66-68	1-5 1-11			II
Reflecting		69	1-2			
Booster Session		70	1-4			III
	Role-Play	70	1-3			

### Lesson 6: Refusing to Be Bullied

Section	Activity Title	Page #	Items	Notes (List completed items and add comments on lesson.)	Date	Part
Getting Started		74	1-2			I
		75	1-2			
Exploring and Discovering	Video Time	75-77	1-6			II
	Refusing Safely	77-78	1-5			
Reflecting		78	1-2			III
Booster Session	Responding to Bullying Role-Play	79-81	1-12			

### Lesson 7: Reporting Bullying

Section	Activity Title	Page #	Items	Notes (List completed items and add comments on lesson.)	Date	Part
Getting Started		84	1-2			I
Exploring and Discovering	Video Time	85-87	1-8			II
	Reporting Bullying Role-Plays	87-89	1-11			
Reflecting		89				III
Booster Session	Which Is It—Tattling or Reporting?	90	1-7			
Booster Session	Creating Cartoons	91	1-4			

### Lesson 8: What Is a Bystander?

Section	Activity Title	Page #	Items	Notes (List completed items and add comments on lesson.)	Date	Part
Getting Started		94	1-2			I
Exploring and Discovering		95-96	1-3			II
	Part of the Solution or Part of the Problem?	96	1-6			
Reflecting		97	1-3			III
Booster Session	Principal's Presentation of Policy	97-98	1-2			

### Lesson 9: Bystanders Can Be Part of the Solution

Section	Activity Title	Page #	Items	Notes (List completed items and add comments on lesson.)	Date	Part
Getting Started		100-101	1-2			I
Exploring and Discovering		101	1-3			
	What Will You Do?	103-105	1-5			
Reflecting	Responding as a Bystander Role-Play	103-105	1-10			II
		105-106	1-2			
Booster Session	Bystander Discussion	106-107	1-7			III

### Lesson 10: A Class Anti-Bullying Pledge

Section	Activity Title	Page #	Items	Notes (List completed items and add comments on lesson.)	Date	Part
Getting Started		110-111	1-3			I
Exploring and Discovering		111	1-2			
	Anti-Bullying Pledge	111-112	1-3			
	Anti-Bullying Pledge Illustrations	112	1-3			II
Booster Session		113	1-3			III

### Lesson 11: Putting It Together

Section	Activity Title	Page #	Items	Notes (List completed items and add comments on lesson.)	Date	Part
Getting Started		116	1-3			I
Exploring and Discovering		116-117	1-5			
Reflecting		117	1-3			
Students work on projects		117				II
Booster Session		117	1-2			III

### **Steps to Respect Level Two Lesson-Tracking Chart** (2001 edition)

This chart indicates where to divide the lessons into three 15–20 minute segments if a shorter lesson format is necessary (Parts I, II, and III). Each part may be taught on a separate day. Space is provided on the chart to note which items were taught. You may also wish to add comments such as how the lesson went, how engaged the students were, or whether lesson content should be reviewed at the beginning of the next teaching time.

School \_\_\_\_\_ Teacher \_\_\_\_\_ Grade Level \_\_\_\_\_

#### **Lesson 1: Friendship Calls for Respect**

Section	Activity Title	Page #	Items	Notes (List completed items and add comments on lesson.)	Date	Part
Getting Started		26–27	1–5			I
		27–28	1–4			
		28–29	1–6			
Exploring and Discovering	Thinking It Through	28–29	1–6			II
	Thinking It Through	29	6–8			
Reflecting		30	1–3			II
Booster Session		30–32	1–2			III

#### **Lesson 2: Finding and Making Friends**

Section	Activity Title	Page #	Items	Notes (List completed items and add comments on lesson.)	Date	Part
Getting Started		36	1–2			I
		37	1–3			
		37–38	1–4			
Exploring and Discovering	Video Time	37–38	1–4			
	Starting a Friendship Role-Play	38–40	1–8			
	Responding to Friendly Behavior	40–41	1–2			
Reflecting		41–42	1–3			III
Booster Session		43–44	1–3			

### Lesson 3: Joining a Group

Section	Activity Title	Page #	Items	Notes (List completed items and add comments on lesson.)	Date	Part
Getting Started		48-49	1-2			I
Exploring and Discovering		49-50	1-2			
	Joining a Group Role-Play	50-51	1-8			
Reflecting	Trying to Join	51-52	1-4			II
		52	1-2			
Booster Session		53-54	1-3			III

### Lesson 4: Recognizing Bullying

Section	Activity Title	Page #	Items	Notes (List completed items and add comments on lesson.)	Date	Part
Getting Started		59				I
Exploring and Discovering		59-60	1-3			
	Recognizing Bullying Game	60-61	1-8			
Reflecting	Recognizing Bullying Game	61-62	9-14			II
		62-63	1-4			
Booster Session		63	1			III
	Principal talks to students about bullying	63	2			

### Lesson 5: Put-Downs Hurt

Section	Activity Title	Page #	Items	Notes (List completed items and add comments on lesson.)	Date	Part
Getting Started		66-67	1-5			I
Exploring and Discovering	Video Time	67-68	1-3			
	Is It Bullying?	68	1-3			
Reflecting	Is It Bullying?	68-70	4-5			II
		70	1-3			
Booster Session		71-72	1-6			III



**Lesson 6: Refusing Bullying**

Section	Activity Title	Page #	Items	Notes (List completed items and add comments on lesson.)	Date	Part
Getting Started		77	1-3			I
		78	1-4			
Exploring and Discovering	Refusing Safely	78-80	1-7			II
	Responding to Bullying Role-Play	80-82	1-9			
Reflecting		82	1-4			III
Booster Session		83-84	1-6			

**Lesson 7: Controlling Rumors**

Section	Activity Title	Page #	Items	Notes (List completed items and add comments on lesson.)	Date	Part
Getting Started		88	1-2			I
	Video Time	89-90	1-6			
Exploring and Discovering	Rumor Blocks	91	1-4			II
		92	1-2			
Reflecting		92-93	1-4			III
	Booster Session	94	1-6			

**Lesson 8: Reporting Bullying**

Section	Activity Title	Page #	Items	Notes (List completed items and add comments on lesson.)	Date	Part
Getting Started		98-99	1			I
		99-100	1-5			
Exploring and Discovering	What Would You Do?	100	1-7			II
	Reflecting	102				
Booster Session		103	1-3			III
	Reporting Practice Role-Play	103-104	1-6			

### Lesson 9: Bystanders Are the Key

Section	Activity Title	Page #	Items	Notes (List completed items and add comments on lesson.)	Date	Part
Getting Started		108–109	1–2			I
Exploring and Discovering	Video Time	109–110	1–2			
	Why Is This Part of the Solution?	110–111	1–3			
	Why Is This Part of the Solution?	111–112	4–5			II
Reflecting	Dear Helpful Hank	112	1–3			
		112				
Booster Session	You Decide Role-Play	113–114	1–7			III

### Lesson 10: The Next Step

Section	Activity Title	Page #	Items	Notes (List completed items and add comments on lesson.)	Date	Part
Getting Started	Sharing What We've Learned	118	1–6			I
Exploring and Discovering	What Is a Respectful School?	119	1–4			
	What Is a Respectful School?	119–120	5–10			II
Reflecting		121	1–2			
Booster Session		121–122	1–5			III

### Lesson 11: Putting It Together

Section	Activity Title	Page #	Items	Notes (List completed items and add comments on lesson.)	Date	Part
Getting Started		124	1–3			I
Exploring and Discovering		124–125	1–5			
Reflecting		125	1–3			
Students work on projects		125				II
Booster Session		125	1–2			III

### ***Steps to Respect Level Three Lesson-Tracking Chart*** (2001 edition)

This chart indicates where to divide the lessons into three 15–20 minute segments if a shorter lesson format is necessary (Parts I, II, and III). Each part may be taught on a separate day. Space is provided on the chart to note which items were taught. You may also wish to add comments such as how the lesson went, how engaged the students were, or whether lesson content should be reviewed at the beginning of the next teaching time.

School \_\_\_\_\_ Teacher \_\_\_\_\_ Grade Level \_\_\_\_\_

#### **Lesson 1: Friendship**

Section	Activity Title	Page #	Items	Notes (List completed items and add comments on lesson.)	Date	Part
Getting Started		26–27	1–2			I
		27–28	1–4			
Exploring and Discovering	Partner Think	28–30	1–5			II
Reflecting		30	1–3			
Booster Session		31–32	1–5			III

#### **Lesson 2: Conflict Between Friends**

Section	Activity Title	Page #	Items	Notes (List completed items and add comments on lesson.)	Date	Part
Getting Started		36	1–2			I
		37–38	1–6			
Exploring and Discovering	Identify the Problem	39–40	1–8			II
	Keeping Friends Poster Project	40–41	1–2			
Reflecting	Conflict Between Friends Role-Play	41–44	1–14			III

### Lesson 3: Are You Mad at Me?

Section	Activity Title	Page #	Items	Notes (List completed items and add comments on lesson.)	Date	Part
Getting Started		46	1-2			I
Exploring and Discovering	Video Time	47-48	1-6			
	Video Time	48-49	7-9			II
Reflecting	Keeping Friends Poster Project	49	1-2			
Booster Session		50	1-2			III
	Working It Out Role-Play	50-52	1-11			

### Lesson 4: Recognizing Conflict, Recognizing Bullying

Section	Activity Title	Page #	Items	Notes (List completed items and add comments on lesson.)	Date	Part
Getting Started		57	1-2			I
Exploring and Discovering		57-58	1-5			
	Is It a Conflict, or Is It Bullying?	58-59	1-6			II
Reflecting		60	1-3			
Booster Session		61	1-5			III

### Lesson 5: Bodies and Bullying

Section	Activity Title	Page #	Items	Notes (List completed items and add comments on lesson.)	Date	Part
Getting Started		66-67	1-2			I
Exploring and Discovering	Video Time	67-69	1-7			
	Video Time	69	8-10			II
	Partner Activity	70-71	1-4			
Reflecting		71	1-2			
Booster Session		72-73	1-6			III

### Lesson 6: Refusing and Reporting Bullying

Section	Activity Title	Page #	Items	Notes (List completed items and add comments on lesson.)	Date	Part
Getting Started		76	1-3			I
			77	1-4		
Exploring and Discovering						II
	Things to Do When Refusing Bullying Role-Play	78-79	1-2			
	Refusing Bullying	79-81	1-11			
Reflecting		81-82	1-3			
Booster Session		82-83	1-4			III
	Reporting Bullying Practice	83-85	1-10			

### Lesson 7: Bystanders Can Help

Section	Activity Title	Page #	Items	Notes (List completed items and add comments on lesson.)	Date	Part
Getting Started		88	1-2			I
Exploring and Discovering		89-90	1-7			II
		90-91	8-10			
Reflecting		91-92	1-2			
Booster Session		92-93	1-6			III

### Lesson 8: Taking Responsibility

Section	Activity Title	Page #	Items	Notes (List completed items and add comments on lesson.)	Date	Part
Getting Started		96	1-2			I
		96-97	1-5			
Exploring and Discovering		97-98	1-7			II
	Part of the Problem	98-99	1-5			
	Part of the Solution					
Reflecting		100	1-4			
Booster Session		101-102	1-9			III

### Lesson 9: Making It Happen

Section	Activity Title	Page #	Items	Notes (List completed items and add comments on lesson.)	Date	Part
Getting Started		106	1-2			I
Exploring and Discovering		106-108	1-8			
	Making It Happen	109	1-5			II
Reflecting		110	1-2			
Booster Session		111-112	1-4			III

### Lesson 10: Maintaining a Safe, Caring, Respectful School Community

Section	Activity Title	Page #	Items	Notes (List completed items and add comments on lesson.)	Date	Part
Getting Started		114	1-2			I
Exploring and Discovering	Defining Community	114	1-3			
		115-116	1-6			
		116	7			II
Booster Session		117	1-5			
Reflecting		118	1-2			III

### Lesson 11: Putting It Together

Section	Activity Title	Page #	Items	Notes (List completed items and add comments on lesson.)	Date	Part
Getting Started		122	1-3			I
Exploring and Discovering		122-123	1-5			
	Reflecting	123	1-3			
Students work on projects		123				II
Booster Session		124	1-2			III