

Steps to Respect LEVEL ONE LESSON-TRACKING CHART

(2005 edition)

This chart indicates where to divide the *Steps to Respect* lessons into three 15–20 minute parts if a shorter lesson format is necessary. Each part can be taught on a separate day. Space is provided on the chart to note which items were taught. You might also wish to add comments, such as how the lesson went, how engaged the students were, or whether the skills and concepts should be reviewed at the beginning of the next teaching time.

Lesson 1: Friendship Begins with Respect (pages 35–53)

Part	Date	Pages	Notes
I		37–38	
II		39–40	
III		41–42	
Extension Activities		43	

Lesson 2: Making Conversation and Finding Things in Common (pages 55–71)

Part	Date	Pages	Notes
I		57–60	
II		61–64	
III		65	
Extension Activities		66	

Lesson 3: Joining In (pages 73–85)

Part	Date	Pages	Notes
I		75–77	
II		78–80	
III		81	
Extension Activities		82	

Lesson 4: What Is Bullying? (pages 87–103)

Part	Date	Pages	Notes
I		89–91	
II		92–94	
III		95–96	
Extension Activities		97	

Lesson 5: Standing Up for Yourself by Being Assertive (pages 105–123)

Part	Date	Pages	Notes
I		107–109	
II		110–113	
III		114–115	
Extension Activities		116	

Lesson 6: Refusing to Be Bullied (pages 125–141)

Part	Date	Pages	Notes
I		127–129	
II		130–131	
III		132–134	
Extension Activities		135	

Lesson 7: Reporting Bullying (pages 143–159)

Part	Date	Pages	Notes
I		145–147	
II		148–149	
III		150–151	
Extension Activities		152	

Lesson 8: What Is a Bystander? (pages 161–179)

Part	Date	Pages	Notes
I		163–165	
II		166–167	
III		168	
Extension Activities		169	

Lesson 9: Bystanders Can Be Part of the Solution (pages 181–195)

Part	Date	Pages	Notes
I		183–185	
II		186–189	
III		190–191	
Extension Activities		192	

Lesson 10: A Class Anti-Bullying Pledge (pages 197–207)

Part	Date	Pages	Notes
I		199–200	
II		201	
III		202	
Extension Activities		203	

Lesson 11: Putting It Together (pages 209–221)

Part	Date	Pages	Notes
I		211–212	
II		213	
III		214	
Extension Activities		215	

Steps to Respect LEVEL TWO LESSON-TRACKING CHART

(2005 edition)

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Lesson 1: Friendship Calls for Respect (pages 35–53)

Part	Date	Pages	Notes
I		37–39	
II		40	
III		41–42	
Extension Activities		43	

Lesson 2: Finding and Making Friends (pages 55–73)

Part	Date	Pages	Notes
I		57–60	
II		61–63	
III		64–66	
Extension Activities		67	

Lesson 3: Joining a Group (pages 75–95)

Part	Date	Pages	Notes
I		77–80	
II		81–82	
III		83–85	
Extension Activities		86	

Lesson 4: Recognizing Bullying (pages 97–113)

Part	Date	Pages	Notes
I		99–102	
II		103–105	
III		106	
Extension Activities		107	

Lesson 5: Put-Downs Hurt (pages 115–129)

Part	Date	Pages	Notes
I		116–118	
II		119–121	
III		122–124	
Extension Activities		125	

Lesson 6: Refusing Bullying (pages 131–155)

Part	Date	Pages	Notes
I		133–137	
II		138–141	
III		142–143	
Extension Activities		144	

Lesson 7: Controlling Rumors (pages 157–173)

Part	Date	Pages	Notes
I		158–160	
II		161–162	
III		163–165	
Extension Activities		166	

Lesson 8: Reporting Bullying (pages 175–199)

Part	Date	Pages	Notes
I		177–178	
II		179–182	
III		183–184	
Extension Activities		185	

Lesson 9: Bystanders Are the Key (pages 201–221)

Part	Date	Pages	Notes
I		203–207	
II		208–209	
III		210–211	
Extension Activities		212	

Lesson 10: The Next Step (pages 223–233)

Part	Date	Pages	Notes
I		224–226	
II		227–228	
III		229	
Extension Activities		230	

Lesson 11: Putting It Together (pages 235–247)

Part	Date	Pages	Notes
I		237–238	
II		239	
III		240	
Extension Activities		241	

Steps to Respect LEVEL THREE LESSON-TRACKING CHART

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Lesson 1: Friendship (pages 35–55)

Part	Date	Pages	Notes
I		37–41	
II		42–44	
III		45–47	
Extension Activities		48	

Lesson 2: Conflict Between Friends (pages 57–79)

Part	Date	Pages	Notes
I		59–62	
II		63–64	
III		65–67	
Extension Activities		68	

Lesson 3: Are You Mad at Me? (pages 81–99)

Part	Date	Pages	Notes
I		83–84	
II		85–87	
III		88–90	
Extension Activities		91	

Lesson 4: Recognizing Conflict, Recognizing Bullying (pages 101–117)

Part	Date	Pages	Notes
I		103–105	
II		106–107	
III		108–109	
Extension Activities		110	

Lesson 5: Bodies and Bullying (pages 119–133)

Part	Date	Pages	Notes
I		121–124	
II		125–128	
III		129	
Extension Activities		130	

Lesson 6: Refusing and Reporting Bullying (pages 135–159)

Part	Date	Pages	Notes
I		137–140	
II		141–143	
III		144–147	
Extension Activities		148	

Lesson 7: Bystanders Can Help (pages 161–175)

Part	Date	Pages	Notes
I		162–165	
II		166–167	
III		168–170	
Extension Activities		171	

Lesson 8: Taking Responsibility (pages 177–187)

Part	Date	Pages	Notes
I		178–180	
II		181–183	
III		184–185	
Extension Activities		186	

Lesson 9: Making It Happen (pages 189–207)

Part	Date	Pages	Notes
I		191–193	
II		194–196	
III		197–198	
Extension Activities		199	

Lesson 10: Maintaining a Safe, Caring, Respectful School Community (pages 209–217)

Part	Date	Pages	Notes
I		210–212	
II		213	
III		214–215	
Extension Activities		216	

Lesson 11: Putting It Together (pages 219–231)

Part	Date	Pages	Notes
I		221–222	
II		223	
III		224	
Extension Activities		225	