Planning for Success

**Directions:** Choose a specific, respectful behavior that you want to use from the lists of ideas. This behavior is your goal.

My name: ________________________________

The respectful behavior I will use is: ________________________________

This is how my behavior will look and sound: ________________________________

My tone of voice will be: ________________________________

My face will look: ________________________________

Some words I can use are: ________________________________

Some things I can do are: ________________________________

This is when and where I can use my respectful behavior (describe when and where in detail; for example, at lunchtime when I am sitting with my friends, at recess when I am playing basketball. Try to list at least four different ideas):

1. ________________________________
2. ________________________________
3. ________________________________
4. ________________________________

**My Record of Success**

**Directions:** Keep track of your successes. Check one blank each time you use your behavior.

_________________________  ___________________________  __________________________  __________________________  __________________________  __________________________